Degree Applicable

Glendale Community College
September 2013

COURSE OUTLINE

Dance 111
Ballet Technique II

I. Catalog Statement

Dance 111 provides the students with practical experience in the traditional ballet techniques and styles on an intermediate level. Through exercise and discussion the course emphasizes further development of the physical skills, ballet vocabulary, alignment, coordination, and mental discipline necessary for intermediate performance skills.

Total Lecture Units: 1.0
Total Laboratory Units: 1.0
Total Course Units: 2.0

Total Lecture Hours: 16.0
Total Laboratory Hours: 48.0
Total Faculty Contact Hours: 64.0

Prerequisite: Dance 110 or equivalent.

II. Course Entry Expectations

Skill Level Ranges: Reading 5; Writing 5; Listening-Speaking 5; Math 1.

Prior to enrolling in the course, the student should be able to:
1. identify and define basic ballet terminology;
2. demonstrate and explain correct body alignment;
3. perform a basic ballet barre and a basic ballet combination;
4. discuss the application of ballet technique used in performance.

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:
1. identify and define intermediate ballet terminology:
2. demonstrate and explain correct body alignment and muscle coordination in intermediate ballet combinations;
3. perform a classical ballet variation;
4. analyze a ballet performance in terms of ballet choreography, style, music selection, and technical performance.

IV. Course Content — Total Faculty Contact Hours=64 hours

A. Introduction — Lecture: 4 hours
1. Overview of course content
2. Development of ballet technique

B. Injury Prevention - Safety — Lecture: 6 hours - Laboratory: 12 hours
1. Review of body alignment
2. Review of turn-out
3. Use of breath for grand pirouettes
4. Use of breath for grand allegro

C. Barre Work - Movement Vocabulary — Lecture: 2 hours - Laboratory: 12 hours
1. Plié
2. Inter médiate battement tendu combination
3. Intermediate battement dégagé combination
4. Intermediate rond-de-jambe a terre combination
5. Intermediate battement fondu Combination
6. Intermediate battement frappé combination
7. Intermediate rond-de-jambe en l'air combination
8. Adage
9. Intermediate grand battement combination
10. Stretching

D. Center Work - Movement Vocabulary — Lecture: 2 hours – Laboratory: 12 hours
1. Intermediate port-de-ras combination
2. Intermediate battement tendu combination
3. Pirouette combination/grand pirouettes
4. Intermediate adage
5. Intermediate allegro
6. Grand allegro
7. Combination through the diagonal

E. Intermediate Performance Skills — Lecture: 2 hours - Studio: 12 hours
1. Focus
2. Dynamics
3. Rhythm
4. Presentation
5. Interpretation
6. Style Development

V. Methods of Instruction

The following instructional methodologies may be used in the course:
1. classroom lecture and demonstration;
2. guest instructor from a private studio;

3. dance step, combination, and variation practice;
4. interpretation and practical application of intermediate French ballet vocabulary; bone structure alignment, and muscle coordination;
5. video and multimedia presentations;
6. in-class critiques, done individually and in groups.

VI. Out of Class Assignments

The following out of class assignments may be used in this course:
1. attendance at the GCC Dance Departments Performances;
2. on-line research of the genre;
3. written evaluation of the performance attended.

VII. Methods of Evaluation

The following methods of evaluation may be used in this course:
1. movement exams (presentations of intermediate ballet combinations);
2. quizzes (intermediate ballet terminology, explanation of correct body alignment, and muscle coordination);
3. class participation in critiques, analysis, and evaluation of dance performance;
4. analytical essays (analyzes of ballet performance);
5. midterm examination;
6. final examination.

VIII. Textbooks

Craine, Debra and Mackrell, Judith. *The Oxford Dictionary of Dance.* New York:Oxford University Press, 2010. 12th Grade Textbook Reading Level.
ISBN: 0199563446.

Foster Rory. *Ballet Pedagogy: The Art of Teaching*. Gainesville, FL: University Press of Florida, 2010. 12th Grade Textbook Reading Level.
ISBN: 978081834591.

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:
1. identify and define intermediate ballet terminology;
2. demonstrate and explain correct body alignment and muscle coordination in intermediate ballet combinations;
3. perform a classical ballet variation;
4. analyze a ballet performance in terms of ballet choreography, style, music selection, and technical performance.